

SELF-HELP CENTERS (SHC) /COMMUNITY WELLNESS CENTERS (CWC)

There are 30 DMHAS funded community-based self-help and wellness centers. These centers provide communities of hope and support for recovery and wellness for persons with mental health and/or co-occurring substance use and physical health challenges.

<p>A Way to Freedom CWC 29 Trinity Street Newton, NJ 07860 (973) 300-0830</p> <p>Better Future SHC 21 West Washington Avenue Washington, NJ 07882 (908) 835-1180</p> <p>Brighter Days CWC 268 Bennetts Mill Road Jackson, NJ 08527 (732) 534-9960</p> <p>C.A.R.E. Center CWC 80 Steiner Avenue Neptune City, NJ 07753 (732) 455-5358</p> <p>Esperanza lsantana@mhanj.org (973) 571-4100 <i>(Spanish-speaking staff)</i></p> <p>Freehold CWC 17 Bannard St., Suite 22 Freehold, NJ 07728 (732) 625-9485</p> <p>Hudson County Integrated Services 924 Bergen Avenue <i>(mailing address)</i> 422-426 Martin Luther King Jr. Drive <i>(physical add.)</i> Jersey City, NJ 08304 (201) 420-8013</p> <p>Journey to Wellness SHC 25 South Shore Drive Toms River, NJ 08753 (732) 914-1546</p> <p>Morris County CWC 1259 Route 46 East - Bldg. 4, Door 4D Parsippany, NJ 07054 (973) 334-2470</p>	<p>Bergen County CWC 177 Hudson Street Hackensack, NJ 07601 (201) 489-8402</p> <p>Better Life CWC 101 14th Avenue Newark, NJ 07103 (829) 229-1400</p> <p>Camden City CWC 400 Market Street Camden, NJ 08102 (856) 308-2287</p> <p>Donald Mays, Jr. CWC 204 White Horse Pike Barrington, NJ 08007 (856) 429-9940</p> <p>Freedom Trail CWC 166 West Main Street Somerville, NJ 08876 (908) 722-5778</p> <p>Getting Together SHC 52 E. Main Street Flemington, NJ 08822 (908) 806-8202</p> <p>I.C.E. (Individual Concerted Effort) 4 East Jimmie Leeds Road Galloway, NJ 08205 (609) 652-3800</p> <p>Learning Recovery CWC Wildwood, NJ Virtual Service Only leachus@cspnj.org</p> <p>Moving Forward CWC 25 Elizabeth Street New Brunswick, NJ 08901 (732) 317-2920</p>
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SELF-HELP CENTERS (SHC) /COMMUNITY WELLNESS CENTERS (CWC) (Continued)

<p>New Dimensions CWC 77 West Broadway Salem, NJ 08079 (856) 279-2753</p> <p>Park Avenue CWC 333 Park Avenue Plainfield, NJ 07060 (908) 757-1350</p> <p>Reach Out/Speak Out CWC 6 North Broad Street Trenton, NJ (609) 984-8008</p> <p>Riverbank SHC 114 Delaware Avenue Burlington, NJ 08016 (609) 239-1786</p> <p><i>There are 3 Hospital-based Community Wellness Centers, one at each of the State Psychiatric Hospitals:</i></p> <p><i>Ancora Psychiatric</i> (609) 561-1700 ext. 7542</p> <p><i>Greystone Park Psychiatric</i> (973) 644-5121</p> <p><i>Trenton Psychiatric</i> (609) 503-5762</p>	<p>New Horizons CWC 635 South Myrtle Street Vineland, NJ 08360 (856) 696-1016</p> <p>Passaic County CWC 60 Hamilton Street Paterson, NJ 07505 (973) 553-1101</p> <p>R.I.T.E. Center SHC 693 Main St., Bldg. C Lumberton, NJ 08048 (609) 518-7293</p> <p>Up Your Alley CWC 8 Liberty Street Glassboro, NJ 08028 (856) 881-2204</p>
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